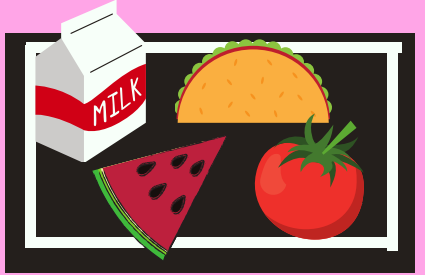


February 2019

Middle & MTA

Lunch Menu



Thanks for your feedback,
we heard your suggestions!

Fat Free White Milk or Fat Free Flavored Milk is offered with each meal.
This institution is an equal opportunity provider. Menus are subject to change.

Featured Daily Meals

- Monday, Feb. 4th**Mini Corn Diggity Dogs
 - Tuesday, Feb. 5th**Arriba Taco in a Bag
 - Wednesday, Feb. 6th**Breakfast for Lunch:
Fantastic French Toast
 - Thursday, Feb. 7th**Throwback Thanksgiving
NEW ITEM Turkey & Gravy w/Roll
 - Friday, Feb. 8th**Italian Meatballs w/
Whole Grain Texas Toast
- Weekly Special: Cheesy French Bread & Cracker & Protein Bistro Box*

Featured Daily Meals

- Monday, Feb. 11th**Tasty Chicken Tamale
NEW ITEM
 - Tuesday, Feb. 12th**Home-style Crispy Chicken
& Whole Grain Corn Bread
 - Wednesday, Feb. 13th**Cheesy French Bread
 - Thursday, Feb. 14th**Awesome Asian Chicken
w/Fried Rice
 - Friday, Feb. 15th**Sweet & Savory Chicken &
Waffles
- Weekly Special: Say "Grilled Cheese" Sandwich & Madison Munch Chef Salad*

Every Day Sides



- + Fruits
- + Smoothies (days may vary)
- + Vegetables
- + Salad bar (at select schools)



Featured Daily Meals

- Monday, Feb. 18th**Presidents' Day:
No School
 - Tuesday, Feb. 19th**Hearty Cheeseburger
 - Wednesday, Feb. 20th**Pleasing Pizza Stick
 - Thursday, Feb. 21st**Lip Smacking
NEW ITEM Mac & Cheese
 - Friday, Feb. 22nd**.....Terrific Soft Taco
- Weekly Special: Corn Dog & Muffin & Protein Power Bistro Box*

Featured Daily Meals

- Monday, Feb. 25th**Bean & Cheese Burrito
Blaster
 - Tuesday, Feb. 26th**Crazy Chicken Sandwich
 - Wednesday, Feb. 27th**Pizza My Heart
 - Thursday, Feb. 28th**Panda Bear Egg Roll w/
Fried Rice
 - Friday, March 1st**Garfield's Lasagna w/
Whole Wheat Roll
- Weekly Special: Taco Stick & Delicious Chicken Caesar Wrap*

#FoodforThought

Below are foods that are healthy for your heart!

- ♥ oats ♥ tuna ♥ berries ♥ beans
- ♥ salmon ♥ spinach ♥ peaches



Send in your Top Chef recipes at madisonaz.org or on the paper form found in your school café! Deadline is March 1st!