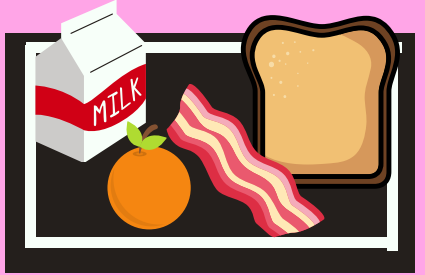


February 2019

Middle & MTA Breakfast Menu



Thanks for your feedback,
we heard your suggestions!

Fat Free White Milk or Fat Free Flavored Milk is offered with each meal.
This institution is an equal opportunity provider. Menus are subject to change.

Breakfast of Champions

- Monday, Feb. 4th** Wonderful Waffle
- Tuesday, Feb. 5th** Scrumptious Pancake & Sausage Sandwich
- Wednesday, Feb. 6th** Oatmeal w/Yummy Topping Bar
- Thursday, Feb. 7th** Rise & Shine Eggs & Hashbrowns
- Friday, Feb. 8th** Terrific Turkey & Cheese Croissant

Keep Calm & Eat Breakfast

- Monday, Feb. 11th** Hot & Crispy Breakfast Pizza
- Tuesday, Feb. 12th** Breakfast Scramble
- Wednesday, Feb. 13th** Fuel Up Breakfast Bar
- Thursday, Feb. 14th** Bananarama Waffle Sandwich
- Friday, Feb. 15th** Beautiful Bacon & Warm Biscuit





TRUE LOVE

Every Day Eats

- + Variety of Cereal
- + Fresh Fruit
- + Cinnamon Toast



Breakfast: Best Part of Waking Up

- Monday, Feb. 18th** Presidents' Day:
No School
- Tuesday, Feb. 19th** Breakfast Taquitos
- Wednesday, Feb. 20th** Protein Packed Breakfast Burrito
- Thursday, Feb. 21st** Marvelous Muffin Top
- Friday, Feb. 22nd** Heavenly Iced Cinnamon Roll

NEW ITEM

Increase Your Energy with Breakfast

- Monday, Feb. 25th** Fantastic French Toast
- Tuesday, Feb. 26th** Strawberry Yogurt Parfait Tower
- Wednesday, Feb. 27th** Topsy-Turvy Waffle
- Thursday, Feb. 28th** Piping Hot Banana Bread
- Friday, March 1st** Pancake & Sausage Corn Dog

#FoodforThought

Below are foods that are healthy for your heart!

- ♥ oats
- ♥ tuna
- ♥ berries
- ♥ beans
- ♥ salmon
- ♥ spinach
- ♥ peaches



Send in your Top Chef recipes at madisonaz.org or on the paper form found in your school café! Deadline is March 1st!