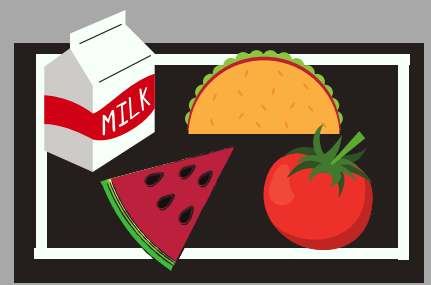


# January 2019 Middle Schools & MTA Lunch Menu



Fat Free White Milk or Fat Free Flavored Milk is offered with each meal.  
This institution is an equal opportunity provider. Menus are subject to change.

## Featured Daily Meals

- Monday, Jan. 7th** .....Bean & Cheese Burrito
- Tuesday, Jan. 8th** .....Breakfast 4 Lunch:  
Fluffy Pancakes
- Wednesday, Jan. 9th** .....Cheesy French Bread
- Thursday, Jan. 10th** .....Awesome Asian Chicken  
w/Fried Rice
- Friday, Jan. 11th**.....Sweet & Savory  
Chicken & Waffles

*Weekly Special: Grilled Cheese Sandwich &  
Madison Munch Chef Salad*

## Featured Daily Meals

- Monday, Jan. 14th** .....Chunky Chicken Strips
- Tuesday, Jan. 15th** .....Hearty Cheeseburger
- Wednesday, Jan. 16th** .....Half Day: Turkey & Cheese  
&/or PBJ Sandwich  
(varies by school)
- Thursday, Jan. 17th** .....Grilled Cheese Sandwich
- Friday, Jan. 18th** .....Terrific Soft Taco

*Weekly Special: Corn Dog &  
Muffin & Protein Power Bistro Box*



HAPPY  
*New Year*

## Every Day Sides

- + Fruits
- + Smoothies \*days may vary\*
- + Vegetables
- + Salad bar (at select schools)



## Featured Daily Meals

- Monday, Jan. 21st** .....Martin Luther King Jr.  
Day: No School
- Tuesday, Jan. 22nd** .....Crazy Chicken  
Sandwich
- Wednesday, Jan. 23rd** .....Pizza My Heart
- Thursday, Jan. 24th** .....Panda Bear Egg Roll  
w/Fried Rice
- Friday, Jan. 25th** .....Garfield's Lasagna  
w/Whole Wheat Roll

*Weekly Special: Taco Stick &  
Delicious Chicken Caesar Wrap*

## Featured Daily Meals

- Monday, Jan. 28th**.....English Fish & Chips
- Tuesday, Jan. 29th** .....Hot Ham & Cheese on a  
Pretzel Roll
- Wednesday, Jan. 30th**.....Home Run  
Hamburger Sliders
- Thursday, Jan. 31st**.....Nacho Average Nachos!
- Friday, Feb. 1st**.....Smokey BBQ Pulled Pork  
Sandwich

*Weekly Special: Burrito Blaster &  
Delightful Deli Sandwich*

# #FoodforThought

Did you know that some foods are believed to be lucky to eat during New Year's Eve? Look to the right to find out which ones!



**Spain:** grapes

**Italy:** lentils

**Japan:** soba noodles

**USA:** collard greens, beans, pork

**Greece:** pomegranates