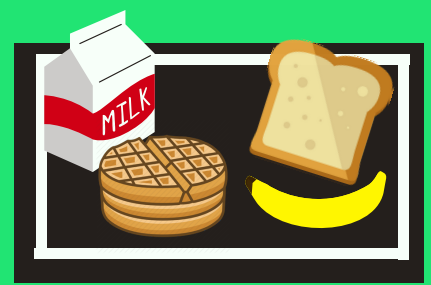


March 2019 Middle Schools & MTA Breakfast Menu



Fat Free White Milk or Fat Free Flavored Milk is offered with each meal.
This institution is an equal opportunity provider. Menus are subject to change.

Breakfast of Champions



Monday, Mar 4thMini Donuts



Tuesday, Mar. 5thBreakfast Quesadilla



Wednesday, Mar. 6thFlaky Apple Strudel



Thursday, Mar. 7thMadison McMuffin Egg Sandwich



Friday, Mar. 8thHot & Crispy Breakfast Pizza



Keep Calm...and Eat Breakfast

Monday, Mar. 11th.....Wonderful Waffle

Tuesday, Mar. 12thScrumptious Pancake & Sausage Sandwich

Wednesday, Mar. 13thOatmeal with Topping Bar

Thursday, Mar. 14th.....Rise & Shine Eggs & Hash Browns

Friday, Mar 15th.....Terrific Turkey & Cheese Croissant

Every Day Eats



- *Variety of Cereal
- *Fresh Fruit
- *Cinnamon Toast



Have a safe & fun spring break!

Start your engines with us by joining us for breakfast before school!
Enjoy our featured **Super Sonic Smoothie** for National School Breakfast Week March 4th-8th!

Have a great spring
break!
(March 18th-22nd)

Increase Your Energy & Focus by Eating Breakfast

Monday, Mar. 25th.....Hot & Crispy Breakfast Pizza

Tuesday, Mar. 26th.....Breakfast Scramble

Wednesday, Mar. 27th....Fuel-Up Breakfast Bar

Thursday, Mar. 28thBananarama Waffle Sandwich

Friday, Mar. 29th.....Beautiful Bacon & Biscuit

#FoodforThought

The potato was a staple in the Irish diet for decades. Potatoes taste great and contain important nutrients that are good for your heart, digestive system, and your immune system.

