

### October 2019 Madison Middle Schools & MTA Lunch Menu

This institution is an equal opportunity provider. Menus are subject to change.

For the most current menus, please visit <http://madisonaz.org/parents/lunch-menus/> or visit the Titan Family Connect mobile app.

9/30/2019	10/1/2019	10/2/2019	10/3/2019	10/4/2019
Breakfast For Lunch: Pancakes & Bacon, Cheese Pizza Stick, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	Hamburger and/or Sliders, Green Chili Cheese Burrito and/or Bean & Cheese Burrito, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	Big Daddy's Pizza, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	Baja Fish Taco, Hot Ham & Cheese on a Pretzel Roll, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	HALF DAY PBJ and/or Muffin Protein Bistro Box
	Variety of Fries, Lettuce & Tomato Toppings	Mellow Mushrooms, Red & Green Bell Peppers	Refreshing Black Beans	
Variety of Fresh Fruit & Canned Fruit	Variety of Fresh Fruit & Canned Fruit	Variety of Fresh Fruit & Canned Fruit	Variety of Fresh Fruit & Canned Fruit	Packaged Fresh Fruit
Romaine Calm Salad, X-Ray Vision Carrots	Romaine Calm Salad, X-Ray Vision Carrots	Romaine Calm Salad, X-Ray Vision Carrots	Romaine Calm Salad, X-Ray Vision Carrots	Celery Sticks, X-Ray Vision Carrots
Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice
10/14/2019	10/15/2019	10/16/2019	10/17/2019	10/18/2019
Chalupa, Carnival Corn Dog PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	Chicken Sandwich, Chicken Taco Smiles, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	Big Daddy's Pizza, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	Nacho Average Nachos!, Beef Taco Stick, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	Pulled Pork Sandwich, Baja Fish Sticks with Roll, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll
Celery Swords with Ranch, Churro (Madison Highland Prep only)	Variety of Fries, Lettuce & Tomato Toppings	Mellow Mushrooms, Red & Green Bell Peppers	Taco Toppings	Cowboy Ranch Beans
Romaine Calm Salad, X-Ray Vision Carrots	Romaine Calm Salad, X-Ray Vision Carrots	Variety of Fresh Fruit & Canned Fruit	Romaine Calm Salad, X-Ray Vision Carrots	Romaine Calm Salad, X-Ray Vision Carrots
Variety of Fresh Fruit & Canned Fruit	Variety of Fresh Fruit & Canned Fruit	Romaine Calm Salad, X-Ray Vision Carrots	Variety of Fresh Fruit & Canned Fruit	Variety of Fresh Fruit & Canned Fruit
Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice
10/21/2019	10/22/2019	10/23/2019	10/24/2019	10/25/2019
Tasty Chicken Tamale, Carnival Corn Dog, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	HALF DAY PBJ and/or Muffin Protein Bistro Box	HALF DAY PBJ and/or Muffin Protein Bistro Box	Bella Lasagna with Roll, PB & J, Beef Taco Stick, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	Homemade Mac & Cheese, Baja Fish Sticks with Roll, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll
Golden Corn, Cheese Stick			Green Peas	Excellent Edamame, Cowboy Ranch Beans, Broccoli Forest
Romaine Calm Salad, X-Ray Vision Carrots	Packaged Fresh Fruit	Packaged Fresh Fruit	Romaine Calm Salad, X-Ray Vision Carrots	Romaine Calm Salad, X-Ray Vision Carrots
Variety of Fresh Fruit & Canned Fruit	Celery Sticks, X-Ray Vision Carrots	Celery Sticks, X-Ray Vision Carrots	Variety of Fresh Fruit & Canned Fruit	Variety of Fresh Fruit & Canned Fruit
Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice
10/28/2019	10/29/2019	10/30/2019	10/31/2019	11/1/2019
Homemade Grilled Cheese, Cheese Pizza Stick, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	Yummy Chicken & Waffles, Green Chili Cheese Burrito and/or Bean & Cheese Burrito, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	Big Daddy's Pizza, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	Halloween Chili with Corn Muffin, Hot Ham & Cheese on a Pretzel Roll, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll	Asian Chicken with Fried Rice, Spicy Popcorn Chicken with Roll, PB & J, Muffin Protein Bistro Box, Chef Salad with Roll & Goldfish, or Deli Sandwich on Kaiser Roll
Area 51 Brussel Sprouts	Homemade Coleslaw	Mellow Mushrooms, Red & Green Bell Peppers	Golden Corn, Halloween Sidekick Frozen Juice, Chili Toppings	Excellent Edamame
Romaine Calm Salad, X-Ray Vision Carrots	Romaine Calm Salad, X-Ray Vision Carrots	Variety of Fresh Fruit & Canned Fruit	Romaine Calm Salad, X-Ray Vision Carrots	Romaine Calm Salad, X-Ray Vision Carrots
Variety of Fresh Fruit & Canned Fruit	Variety of Fresh Fruit & Canned Fruit	Romaine Calm Salad, X-Ray Vision Carrots	Variety of Fresh Fruit & Canned Fruit	Variety of Fresh Fruit & Canned Fruit
Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice	Variety of Fat Free Milk, 100% Juice